

A woman with long, light brown braided hair is lying down, resting her head on her hand. She is surrounded by a thick layer of pink and orange rose petals. The background is a soft-focus outdoor scene with trees and sunlight filtering through the leaves.

Beauty Treatment Menu



beauty@MOWANA

SASSY SISTERS PAMPER PACKAGE

R900 PER PERSON

- 60-Minute Aroma Back, Neck & Shoulder Therapy Massage
- Revitalising 60-Minute Mowana Pedicure *ADD-ON GEL FOR R140*
- Refreshing Glass of Wine

BLOOM & BREATHE PREGNANCY PAMPER

R999 PER PERSON

- 90 minute gentle pregnancy massage with nourishing oils to soothe, support, and help you embrace this special journey

MOMMY'S RECEIVE 10% BEAUTY@MOWANA VOUCHER OFF ANY OTHER BEAUTY PACKAGE

DAYDREAMERS DELIGHT PAMPER PACKAGE

R1599 PER PERSON OR R2800 PER COUPLE

- 90-Minute Kalahari Advanced Anti-Aging Facial
- 90-Minute Deluxe Pedicure
- 60-Minute Mowana Manicure
- Tasty 2-course Spa Luncheon to feed body & soul
- Complimentary Local Beverages to quench your Thirst

LORDS & LADIES PAMPER PACKAGE

R1450 PER PERSON OR R2500 PER COUPLE

- 60-Minute Aroma Full Body Massage
- 45-Minute Honeybush Facial
- 60-Minute Mowana Pedicure
- Tasty Spa Breakfast or Luncheon to feed body & soul
- Complimentary Local Beverages to quench your Thirst

BUBBLES & BLISS PAMPER JOURNEY

R3899 FOR THREE BESTIES, FOURTH BESTIE FREE

- Welcome drinks on arrival at Mowana Spa at 08h00
- 60-minute Aromatherapy or Hot Stone Full Body Massage
- 90-minute Deluxe Pedicure
- High Tea: Fresh daily selection of petit fours and savoury snacks
- Complimentary Bottle of non-alcoholic Bubbly

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GUESTS SAY IT BEST

The staff and therapists radiate with friendly smiles and are passionate about their work, always wanting to make sure we are comfortable and well taken care of. THE FACILITY AND AMBIANCE ARE SO RELAXING. ONCE YOU STEP INTO THE SPA, YOU IMMEDIATELY FEEL AT PEACE, COMPLETELY FORGETTING THAT YOU ARE IN THE HEART OF A CONCRETE JUNGLE AS YOU GET LOST IN THE SCENIC BEAUTY OF BUSHVELD GARDENS AND THE TRANQUIL ENVIRONMENT OF THE SPA. The whole experience from start to finish was memorable and surpassed all my expectations. KEEP IT UP! YOU'RE ON A WINNING FORMULA.



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THE RADIANCE RITUAL

R1799 PER PERSON

- Balance and Breathe 60 Minute Aromatherapy Full Body Massage
- Lipid Rich 60 Minute Radiance Facial
- Polished to Perfection 60 Minute Mowana Manicure
- Feet First, 60 Minute Mowana Pedicure
- Sumptuous Lunch with Dessert
- Afternoon High Tea Treats
- Limited Local Beverages Included

A MUST FOR MEN PAMPER PACKAGE

R1499 PER PERSON

- 60-Minute Aromatherapy Back, Neck & Shoulder Massage
- 60-minute Mowana Pedicure for Men
- 60-Minute Men's Specialised Facial
- Complimentary Beer or Glass of Wine

Add on a Tasty 2-course Spa Luncheon to feed body & soul for R250 including complimentary Local Beverages to quench your Thirst

NO MORE THAN TWO (2) PEOPLE CAN BE ACCOMMODATED FOR THE PACKAGES ABOVE

SKIN CARE FACIALS

Kalahari Honeybush Facial (60 min)

R600

A nourishing treatment including a relaxing facial massage that includes natural plant extracts and rich botanical oils to hydrate and rejuvenate your skin. Suitable for all skins and as a maintenance treatment. A Summer Must

Lipid Rich Skin Treatment (60 min)

R650

A botanical oil mask rich in essential fatty acids that hydrate even the most dry and dehydrated skin. Suitable for all skin conditions, excluding oily and acne-prone skin. A Winter Must

Kalahari Specialised Facial (60 min)

R750

Based on your skin assessment, your professional therapist will recommend one of the following: Vit C Booster Treatment, Skin Texture Treatment, Phyto Compound Treatment or TCA Treatment

Kalahari Advanced Anti-Aging Facial (90 min)

R850

Ultra-firming, de-ageing treatment rich in essential antioxidants and natural, organic Vit C, extracted from the African Baobab fruit. Suitable for all skin conditions. Includes a 20 minute back, neck & shoulder massage.



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AROMATHERAPY MESSAGES

Aromatherapy Treatments using Lilian Terry oils, is a holistic healing treatment that uses natural plant extracts to promote health and well-being. Aromatherapy uses aromatic essential oils medicinally to improve the health of the body, mind, and spirit.

Back, Neck & Shoulder Massage (60 min)	R700
Full Body Massage (60 min)	R750
Full Body Massage (90 min)	R850

HOT STONE THERAPY MESSAGES

Hot stones expand blood vessels, which encourages blood flow throughout the body, hot stones also have a sedative effect that can relieve chronic pain, reduce stress and promote deep relaxation.

Back, Neck & Shoulder Massage (60 min)	R700
Full Body Massage (60 min)	R750
Full Body Massage (90 min)	R850

WAXING

Face

Ear, Nose, Lip or Chin Wax	R80
Brow Wax and Shape	R100
Lash or Brow tint	R100
Lash and Brow tint	R160
Brow Wax, Shape & Tint	R180

Arms (Women)

Full Arm Wax	R220
½ Arm Wax	R180
Underarm Wax	R150

Legs (Women)

Full Leg Wax	R280
¾ Leg Wax	R250
½ Leg Wax	R230

Bikini Areas

Bikini Wax	R200
Brazilian Wax	R240
Hollywood Wax	R300

Arms (Men)

Full Arm Wax	R220
½ Arm Wax	R180
Underarm Wax	R150

Legs (Men)

Full Leg Wax	R350
¾ Leg Wax	R300
½ Leg Wax	R280

Upper Body

Chest Wax	R300
Back Wax	R350



Pedi Lounge and Nail Bar



the Retreat

PEDI LOUNGE · NAIL BAR
MOWANA SPA

MANICURE MENU

Manicure for Men (90 min) <i>Soak, exfoliate, file, paraffin dip, buff and massage</i>	R350
Mini Mani (45 min) <i>Removal of nail varnish, file and new colour reapplication</i>	R180
Gel Overlay (30 - 45 min) <i>Application of product. Excludes Soak Off</i>	R250
Mowana Manicure (60 min) <i>Soak, exfoliate, file & nail varnish application and massage Add Gel for R140</i>	R300
Deluxe Manicure (95 min) <i>Caviar gel soak, exfoliate, file, buff, nail varnish application and massage. Add Gel for R140</i>	R350
Acrylic overlay (natural or colour)	R380
Acrylic Overlay French	R400
Acrylic Fill (2 weeks)	R300
Acrylic or Gel Soak Off	R100
Acrylic Tips Overlay	R460
Paraffin Dip	R150
Nail Repair – Tip with Gel or Acrylic (per nail)	R60
NAILZ Application excluding soak off	R520
NAILZ 2-week Fill	R300

**Treatment time may vary according to add-ons such as soak off, tips and Gel applications*

PEDICURE MENU

Pedicure for Men (90 min) <i>Soak, exfoliate, file, paraffin dip, buff and massage</i>	R400
Mini Pedi (45 min) <i>Removal of nail varnish, file and new colour reapplication</i>	R200
Mowana Pedicure (60 min) <i>Soak, exfoliate, file & nail varnish application Add Gel for R140</i>	R350
Deluxe Pedicure (95 min) <i>Caviar gel soak, exfoliate, file, buff, nail varnish application & massage Add Gel for R140</i>	R400
Footlogix Specialised Pedicure (95 min) <i>Soak, exfoliate, file, buff, callus softener, rejuvenating foot mousse, nail varnish application & massage Add Gel for R140</i>	R500
Manicure & Pedicure Combo (120 min) <i>Soak, exfoliate, file, nail varnish application & massage (excluding soak off) Add Gel for R140</i>	R600